

## **SINGING**

Singing in groups is now part of both the Performing Arts Guidance and the Performing Arts Guidance.

In DfE guidance it states that “Children and young people can now engage in singing, wind and brass in line with the protective measures outlined in this guidance and paying strict attention to the working safely in performing arts guidance to mitigate any cumulative risks of aerosol transmission. Although singing and playing wind and brass instruments do not present a higher risk than speaking for example, studies have indicated that there may be a cumulative risk that can build in particular contexts. As such with appropriate safety considerations, singing, wind and brass teaching can take place.”

The mitigation you must have is:

- Singing in groups of less than 15
- Children socially distanced (2 metres apart), are outside or in a well-ventilated room
- Children not singing loudly
- Back-to-back or side-to-side positioning (rather than face-to-face) is used whenever possible

### **MOVEMENT WHILE SINGING**

As many practitioners are desperate to return to musical theatre, I would advise you limit movement while singing in a non-professional context until further guidance and clarification is brought forward. Heavy breathing while singing could aggravate the aerosol transmission, and cause students to cross into each other’s breath or ‘slip streams’ more easily.